# Markov-Type Inequalities for Polynomials with Restricted Zeros 

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Upper bounds of the exact order of magnitude in $n$ are given for

$$
\frac{\max _{-1 \leqslant x \leqslant 1}\left|p^{\prime}(x)\right|}{\max _{-1 \leqslant x \leqslant 1}|p(x)|}
$$

for polynomials $p$ of degree $n$, free of zeros in certain regions containing the interval $(-1,1)$. © 1999 Academic Press
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Markov's classical inequality

$$
\left\|p^{\prime}\right\| \leqslant n^{2}\|p\|
$$

where $\|\cdots\|$ stands for the maximum norm

$$
\max _{-1 \leqslant x \leqslant 1}|\cdots(x)|
$$

over the interval $[-1,1]$, is valid for all polynomials $p$ of degree $n$ with complex coefficients. The inequality is sharp for the $n$th Tchebyshev polynomial having all its zeros in $(-1,1)$.

Erdős initiated in [1] the problem of improving the estimate under conditions ruling out this extremal case when he replaced the factor $n^{2}$ with cn for polynomials with zeros only on the two half-lines $(-\infty,-1]$ and $[1, \infty)$. Here and in what follows, $c$ denotes absolute constants not necessarily the same at different occurrences. Apart from the value of $c$, this result is also best possible.

Let $D^{\alpha}$ be the lens shaped region, the (open) circular biangle symmetric with respect to the real axis, bounded by two circular arcs joining 1 and -1 and meeting each other at an (inner) angle $\alpha \pi$ in $\pm 1$. We prove the

Theorem. For every $0 \leqslant \alpha<1$ there exists a constant c( $\alpha$ ) depending only on $\alpha$ such that

$$
\left\|p^{\prime}\right\| \leqslant c(\alpha) n^{2-\alpha}\|p\|
$$

for polynomials $p$ of degree $n$ non-vanishing in $D^{\alpha} .{ }^{1}$
Szegö's [2] general Markov-type inequality stated for $D^{\alpha}$ and the critical points $\pm 1$,

$$
\left|p^{\prime}( \pm 1)\right| \leqslant c(\alpha) n^{2-\alpha} \sup _{z \in D^{\alpha}}|p(z)|,
$$

has the same exponent in it. In fact, this formulation is a consequence of our Theorem if applied to

$$
\sup _{z \in D^{\alpha}}|p(z)|+p(z)
$$

that does not indeed vanish in $D^{\alpha}$ and has the same derivative as $p(z)$. Szegő proved his estimate best possible, the same then holds for $0 \leqslant \alpha<1$ in our Theorem.

A similar construction shows that the symmetry of $D^{\alpha}$ plays no essential role, assuming in addition $p(z) \neq 0$ even for $\mathfrak{J} z<0$ will result in no improvement in the Theorem.

The case $\alpha=1$, i.e., that of the unit disc $D^{1}$, is, in fact, included if we apply the Theorem with $\alpha=1-1 / \log n$ and the fact from its proof that the constant factor can be chosen as

$$
\begin{aligned}
& c(\alpha)=\frac{c}{1-\alpha}: \\
& \left\|p^{\prime}\right\| \leqslant c n \log n\|p\|
\end{aligned}
$$

for polynomials non-vanishing in the unit disc. ${ }^{2}$
It is interesting to note that for polynomials with real coefficients $\log n$ is not necessary here: This is a special case of earlier results by Borwein and Erdélyi in [4], allowing among other things a given number of exceptional zeros inside the disc. See also the forthcoming paper [5] by Erdélyi

[^0]exhibiting greater differences between real and complex cases than just a logarithmic factor. It would be interesting to carry over their investigations to $D^{\alpha}$ and even to more general regions.

If $1<\alpha<2$, then

$$
\left\|p^{\prime}\right\| \leqslant c(\alpha) n\|p\|
$$

for polynomials with complex coefficients, as well. We shall give a hint of how to get it together with better pointwise bounds inside $(-1,1)$ in the Theorem, at the end of this paper.

For other Markov-type inequalities see the recent books [3] and [6].
Proof. Without loss of generality we may assume

$$
|p(x)| \leqslant 1 \quad(-1 \leqslant x \leqslant 1)
$$

and have to prove

$$
\left|p^{\prime}(x)\right| \leqslant c(\alpha) n^{2-\alpha} \quad(-1 \leqslant x \leqslant 1) .
$$

We first estimate $p(y)$ on the rest of the real axis, i.e., for $|y|>1$.
Let us introduce the notation $\Omega^{\alpha}$ for the complement of $D^{\alpha}$ with respect to the closed plane. If

$$
p(z)=a \prod_{i=1}^{n}\left(z-z_{i}\right),
$$

where $z_{i} \in \Omega^{\alpha}$, then

$$
\log |p(y)|=\log |p(x)|-\log \left|\frac{p(x)}{p(y)}\right| \leqslant-\sum_{i=1}^{n} \log \left|\frac{x-z_{i}}{y-z_{i}}\right| \quad(-1 \leqslant x \leqslant 1) .
$$

Integration with respect to a positive measure $\mu$ on $[-1,1]$ normalized by $\mu([-1,1])=1$ yields

$$
\log |p(y)| \leqslant-\sum_{i=1}^{n} u\left(z_{i}, y\right) \leqslant-n \inf _{z \in \Omega^{\alpha}} u(z, y),
$$

where

$$
u(z, y) \stackrel{\text { def }}{=} \int_{-1}^{1} \log \left|\frac{z-x}{z-y}\right| d \mu(x)=\int_{-1}^{1} \log |z-x| d \mu(x)+\log \frac{1}{|z-y|} .
$$

We want to choose a function $u(z, y)$, i.e., a measure $\mu \operatorname{with}_{\inf _{z \in \Omega^{\alpha}} u(z, y)}$ as large as possible. Due to the special shape of $D^{\alpha}\left(\Omega^{\alpha}\right)$, this extremal problem is easily solved.

It follows from the general theory of subharmonic functions, especially from their Riesz representation (see, e.g., [7]), that $u(z, y)$, as a function of $z$, is subharmonic in the closed plane, harmonic outside $[-1,1]$ with the exception of a logarithmic pole at $z=y$ (meaning, $u(z, y)-\log (1 /|z-y|)$ is harmonic at $z=y), u(\infty, y)=0$, and conversely, every such function has an integral representation in question with a normalized measure $\mu$.

Let $G\left(z, y, \Omega^{\alpha}\right)$ be the Green function of $\Omega^{\alpha}$, i.e., the function vanishing on the boundary of $\Omega^{\alpha}$ and harmonic inside $\Omega^{\alpha}$ with the exception of a logarithmic pole at $y$ as has been just described. We now show that

$$
G\left(z, y, \Omega^{\alpha}\right)-G\left(\infty, y, \Omega^{\alpha}\right)
$$

can be continued to a function $u(z, y)$. (It will then be clear that this is the optimal choice but, of course, we do not need this fact.) Since

$$
\inf _{z \in \Omega^{\alpha}} G\left(z, y, \Omega^{\alpha}\right)=0,
$$

this will yield the inequality

$$
\log |p(y)| \leqslant n G\left(\infty, y, \Omega^{\alpha}\right)
$$

It is convenient to apply the linear transformation

$$
w=\frac{z-1}{z+1}
$$

carrying $\Omega^{\alpha}$ into the angular region

$$
\Omega_{1}^{\alpha} \stackrel{\text { def }}{=}\left\{w:|\arg w| \leqslant \pi-\frac{\alpha \pi}{2}\right\},
$$

$[-1,1]$ into the negative axis $[-\infty, 0], \infty$ into $1, y$ into

$$
y_{1} \stackrel{\text { def }}{=} \frac{y-1}{y+1}
$$

and it suffices to check the corresponding properties of the Green function $G\left(w, y_{1}, \Omega_{1}^{\alpha}\right)$.

Mapping further $\Omega_{1}^{\alpha}$ onto a half-plane by $w^{\beta}$,

$$
\beta=\frac{1}{2-\alpha} \quad(1 / 2 \leqslant \beta<1),
$$

this function is computed as

$$
G\left(w, y_{1}, \Omega_{1}^{\alpha}\right)=\log \left|\frac{w^{\beta}+y_{1}^{\beta}}{w^{\beta}-y_{1}^{\beta}}\right| .
$$

Here $w^{\beta}$, the regular branch that takes the value 1 at $w=1$, continues into the whole plane slit along the negative axis, giving also a continuation of $G\left(w, y_{1}, \Omega_{1}^{\alpha}\right)$ as a harmonic function there for $w \neq y_{1}$. It is in this step that we have made use of the assumption $\alpha<1$, i.e., $\beta<1$ : $w^{\beta}$ maps the slit plane in a one-to-one fashion onto an angular region avoiding the negative axis, thus producing no logarithmic pole other than $y_{1} . G\left(w, y_{1}, \Omega_{1}^{\alpha}\right)$ even extends continuously onto the negative axis $[-\infty, 0]$ and it remains to see that it is subharmonic there.

In a neighbourhood of every point of the negative axis other than the endpoints 0 and $\infty, G\left(w, y_{1}, \Omega_{1}^{\alpha}\right)$ can be continued harmonically from the upper half of the neighbourhood into the lower half and vice versa. $\left|w^{\beta}+y_{1}^{\beta}\right|$ decreases and $\left|w^{\beta}-y_{1}^{\beta}\right|$ increases as we do these continuations along a circle $|w|=R$. We see that the continued value is smaller than the actual value there, hence $G\left(w, y_{1}, \Omega_{1}^{\alpha}\right)$ can be thought of as the maximum of two harmonic functions and is, as such, subharmonic. The same follows for $w=0$ and $\infty$ by continuity.
(We have appealed to subharmonic functions in order to avoid cumbersome computations. However, one may directly verify that the absolutely continuous measure given by

$$
\begin{aligned}
\frac{d \mu(x)}{d x} & =\frac{2 \beta \sin \beta \pi}{\pi\left(1-x^{2}\right)}\left(\frac{x_{1}}{y_{1}}\right)^{\beta}\left(\left|\left(\frac{x_{1}}{y_{1}}\right)^{\beta} e^{\beta \pi i}+1\right|^{-2}+\left|\left(\frac{x_{1}}{y_{1}}\right)^{\beta} e^{\beta \pi i}-1\right|^{-2}\right) \\
x_{1} & =\frac{1-x}{1+x} \quad(-1<x<1)
\end{aligned}
$$

does represent our $u(z, y)$.)
We conclude that

$$
\log |p(y)| \leqslant n G\left(\infty, y, \Omega^{\alpha}\right)=n G\left(1, y_{1}, \Omega_{1}^{\alpha}\right)=n \log \frac{1+y_{1}^{\beta}}{1-y_{1}^{\beta}} .
$$

For $1<y \leqslant 2$

$$
\begin{gathered}
y_{1}^{\beta}=\left(\frac{y-1}{y+1}\right)^{\beta} \leqslant \frac{1}{\sqrt{3}}, \\
\log \frac{1+y_{1}^{\beta}}{1-y_{1}^{\beta}}<\log \left(1+y_{1}^{\beta}\right)+\log \left(1+3 y_{1}^{\beta}\right)<4 y_{1}^{\beta}<4(y-1)^{\beta} .
\end{gathered}
$$

For $y>2$,

$$
\begin{gathered}
y_{1}^{\beta}=\left(\frac{y-1}{y+1}\right)^{\beta}=\left(1-\frac{2}{y+1}\right)^{\beta} \leqslant 1-\frac{1}{y+1}, \\
\log \frac{1+y_{1}^{\beta}}{1-y_{1}^{\beta}}<\log 2+\log (y+1)<4(y-1)^{\beta},
\end{gathered}
$$

estimating crudely this time.
Together with similar bounds valid for $y<-1$ we thus have an estimate on the whole real line

$$
\log |p(y)| \leqslant 4 n(|y|-1)^{\beta} \quad(|y|>1)
$$

while by assumption

$$
\log |p(y)| \leqslant 0 \quad(|y| \leqslant 1)
$$

Fixing $-1 \leqslant x \leqslant 1$, where we want to estimate the derivative, it will be sufficient to use

$$
\log |p(y)| \leqslant 4 n|y-x|^{\beta} \quad(-\infty<y<\infty) .
$$

The function

$$
\mathfrak{R}\left(\frac{z-x}{i}\right)^{\beta} \quad(\mathfrak{J} z \geqslant 0)
$$

has boundary value

$$
|y-x|^{\beta} \cos \frac{\beta \pi}{2} \quad(-\infty<y<\infty)
$$

on the real axis. Hence

$$
h(z) \stackrel{\text { def }}{=} \frac{4 n}{\cos \frac{\beta \pi}{2}} \mathfrak{R}\left(\frac{z-x}{i}\right)^{\beta},
$$

harmonic in the upper half-plane, majorizes $\log |p(z)|$ on the real line. This also holds at $\infty$,

$$
\lim _{R \rightarrow \infty} \max _{\substack{|z|=R \\ \mathfrak{y z} \geqslant 0}}\{\log |p(z)|-h(z)\}=0,
$$

for the first term increases at most logarithmically, the second does at least as a power of $R$. By the maximum principle we then get

$$
\log |p(z)| \leqslant h(z) \quad(\mathfrak{J} z \geqslant 0) .
$$

This implies for $|z-x| \leqslant r$,

$$
\begin{aligned}
\log |p(z)| & \leqslant \frac{4 n}{\cos \frac{\beta \pi}{2}} r^{\beta}, \\
|p(z)| & \leqslant e^{(4 n / \cos (\beta \pi / 2)) r^{\beta}}
\end{aligned}
$$

first in the upper half-plane, but similarly in the lower one.
Cauchy's inequality for the derivative gives

$$
\left|p^{\prime}(x)\right| \leqslant \frac{\max _{|z-x|=r}|p(z)|}{r} \leqslant \frac{e^{(4 n / \cos (\beta \pi / 2)) r^{\beta}}}{r},
$$

and choosing

$$
\begin{gathered}
r \stackrel{\text { def }}{=}\left(\frac{\cos \frac{\beta \pi}{2}}{n}\right)^{1 / \beta}, \\
\left|p^{\prime}(x)\right| \leqslant e^{4}\left(\frac{n}{\cos \frac{\beta \pi}{2}}\right)^{1 / \beta} \stackrel{\text { def }}{=} c(\alpha) n^{2-\alpha} .
\end{gathered}
$$

The proof is completed.
Using the full strength of our estimation for $\log |p(y)|$ and

$$
h(z) \stackrel{\text { def }}{=} \frac{4 n}{\sin \beta \pi} \mathfrak{J}\left((z+1)^{\beta}+(1-\bar{z})^{\beta}\right)
$$

as majorant, one gets the improved Bernstein-Markov-type inequality

$$
\left|p^{\prime}(x)\right| \leqslant c(\alpha) \min \left(n^{1 / \beta}, n\left(1-x^{2}\right)^{\beta-1}\right) \quad(-1 \leqslant x \leqslant 1) .
$$

If $\alpha>1$, then $D^{\alpha}$ is the union of two discs. Applying our method to both of them separately, it gives, in a natural way, bounds for $\log |p(y)|$ not on the real axis but rather on the two circular arcs, the symmetric images of
$(-1,1)$ with respect to the periphery of the discs. (The resulting inequality is a transformed form of the elementary one

$$
|p(z)| \leqslant|z|^{n}\left|p\left(z_{1}\right)\right| \quad(|z|>1),
$$

where $p$ is a polynomial of degree $n$ having no zero inside the unit disc and $z_{1}=1 / \bar{z}$ is the symmetric image of $z$ with respect to the unit circle.) Using harmonic majorization in the three regions the two circular arcs and $[-1,1]$ divide the plane into-as we did for the two half-planes in the above proof-one extends these bounds to

$$
|p(z)| \leqslant e^{c(\alpha) r} \quad(|z-x| \leqslant r,-1 \leqslant x \leqslant 1)
$$

in the whole plane, implying

$$
\left|p^{\prime}(x)\right| \leqslant c(\alpha) n \quad(-1 \leqslant x \leqslant 1)
$$

as we remarked in our discussion.

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[^0]:    ${ }^{1}$ I owe this problem to T. Erdélyi, who attributes it to P. Erdős.
    ${ }^{2}$ This observation for which I originally had a somewhat different proof has already appeared in [3].

